



Tampa Bay Institute for Psychoanalytic Studies

TBIPS Newsletter Volume IX, Issue II

Spring 2018



Volume IX, Issue 2,
Spring 2018

Greetings from the President

Table of Contents

- Greetings p. 1
- Curriculum p. 2
- Fall Registration p. 3
- Candidates p.4-5
- Tampa PSA Society p. 5
- Film p. 6
- VFI p. 7
- Logo p.8

Dear Reader:

Another year has quickly passed with our first-year class of first-class candidates having begun an introduction to how to be with patients before learning about theoretical contributions from great psychoanalytic thinkers. TBIPS emphasizes a relational approach with mutual regulation of affect and co-creation of experience at center stage. The first-year candidates have also participated in a Development course, and, next year, will deepen their understanding with courses in the Development of Shame and Narcissism and in Attachment. As an instructor, I have been thrilled to consider new ideas from candidates, as they ask previously unthought questions such as “Is an analytic third created between self states and how would it compare to that between analyst and patient?” or “Is reverie a type of dissociation?”

It is such a privilege to discuss these ideas, and clinical applications, with such bright colleagues, and I invite analysts from around the globe to join me by video conferencing to teach a course in the upcoming years of their training. We here at TBIPS are immensely proud of our openness and diversity, and of our quality relational curriculum. We are so grateful to all our instructors for their time, energy, dedication, and enthusiasm! Here’s to many more years of enjoying our collegiality.

Respectfully yours,

Lycia Alexander - Guerra, MD,
President, TBIPS

TBIPS Newsletter Volume VIII, Issue 2

Training in Psychoanalysis and Psychotherapy

TBIPS embraces pluralism and emphasizes a comprehensive contemporary view of psychoanalysis and features a multi-cultural and theoretically diverse faculty, including, but not limited to, expertise in Intersubjectivity, Relational, and Self Psychology.

The TBIPS training program represents the most current, up-to-date theories in psychoanalytic thought. TBIPS embraces *pluralism* and emphasizes a *comprehensive* contemporary view of psychoanalysis within the context of a mutually shared and respectfully open paradigm between faculty and candidates. We offer a multi-cultural and theoretically di-

verse faculty, including, but not lim

ited to, expertise in Intersub-jectivity, Relational, and Self Psychology, whose teaching style is student focused with the goal of offering the opportunity for dialogue between varying schools of thought and to engage and encourage candidates to think *critically* about psychoanalytic concepts.

Inquiries Welcome. To Apply:

Contact Lycia Alexander-Guerra at 13919 Carrollwood Village Run, Tampa, 33618 or 813-908-5080; or go to Tampapsychoanalytic.org "Home"

Seminars may be taken individually or as part of certificate programs in psychoanalytic psychotherapy or psychoanalysis

TBIPS CURRICULUM

TBIPS recognizes that, because many people come to us suffering from the Trauma of childhood abuse and/or other horrific events or from the relational trauma of chronic misattunement and misrecognition, our curriculum must weave into it a deep understanding of child development, attachment, and the effects of trauma. Semesters currently run 16 weeks long. Courses are open to individual students as well as to candidates experiencing full psychoanalytic training. TBIPS invites candidates to frequently update the syllabi.

Semester I	FIRST YEAR	Semester II
Intro to Psychoanalytic Concepts I Practical Analytic Subjectivity I Continuing Clinical Case		Intro to Psychoanalytic Concepts II Development Continuing Clinical Case
SECOND YEAR		
Relational Concepts I Developmental Issues: Narcissism and Shame Continuing Clinical Case		Relational Concepts II Developmental Issues: Attachment Continuing Clinical Case
THIRD YEAR		
Practical Analytic Subjectivity II Group Therapy Continuing Clinical Case		Repetitive Painful States Trauma (8 weeks) and Gender (8 weeks) Continuing Clinical Case
FOURTH YEAR		
Psychosoma I Hate, Envy, Destructiveness in the Psychoanalytic Situation Continuing Clinical Case		Focus on * Electives (candidates design) Continuing Clinical Case

*There are plans in the works to offer additional courses which focus on specific theorists (Winnicott, Ferenczi), topics (Spirituality), and skills (Group Therapy).



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<http://tampapsychoanalytic.webs.com>
tbips.blogspot.com

Registration Fall Semester 2018

All Courses meet for 16 Wednesdays:

Sep 19, 26; Oct 3, 10, 17, 24, 31; Nov 7, 14, 28; Dec 5, 12, 19, 2018; Jan 2, 9, 16, 2019

Registration deadline is August 1, 2018 and includes a subscription to PEP (psychoanalytic electronic publishing).

Fee: \$300 for a single course; \$250 per course if enrolled in 3 or more courses. **Please note increase in fees.**

Developmental Issues: Narcissism and the Development of Shame Throughout the Life Cycle

Wednesdays 8:00am-9:15am This course offers a contemporary understanding of narcissism, both its developmentally appropriate and pathological aspects, with an emphasis on its primary affect (shame) and on helping the clinician to avoid engendering shame in the therapeutic situation. It includes discussion of envy and rage and deficits in mentalization. We emphasize recognition, containment, empathy and mirroring.

Clinical Case Conference Wednesdays 9:30am-10:45pm This course is designed to support the clinician's work and offers opportunities to integrate clinical material with psychoanalytic concepts, including ethics, and ways to deepen the psychoanalytic process, with a focus on the therapist's self reflection, the clinical relationship, and ways to facilitate what is mutative for the patient. Attendees are encouraged to present case material.

Relational Concepts and Methodology I Wednesdays 11:00am-12:15am This course is designed to elucidate some of the differences between classical and postclassical psychoanalytic thinking. We will compare assumptions about the mind, compare ideas about clinical process, and consider how relationship is built, maintained, and repaired. With an emphasis on the analyst's self reflection we will explore how we locate ourselves in the therapeutic process.

TBIPS FALL 2018 REGISTRATION FORM

_____ **Developmental Issues: Narcissism and the Development of Shame Throughout the Life Cycle**
(16 weeks) **Wednesdays 8:00am-9:15am** Sep 19, 2018 – Jan 16, 2019
Fee: \$300 for a single course; \$250 if enrolled in 2 or more courses.

_____ **Clinical Case Conference**
(16 weeks) **Wednesdays 9:30am-10:45am** Sep 19, 2018 – Jan 16, 2019
Fee: \$300 for a single course; \$250 if enrolled in 2 or more courses.

_____ **Relational Concepts and Methodology I**
(16 weeks) **Wednesdays 11:00am-12:15pm** Sep 19, 2018 – Jan 16, 2019
Fee: \$300 for a single course; \$250 if enrolled in 2 or more courses.

_____ PEP subscription \$40
 _____ Total Payment Enclosed including PEP subscription
 (one course: \$300; two courses: \$500; three courses: \$7500) **Please note increase in fees.**
 (refund policy: 85% 7 days before classes begin)
Must Include this page with Payment.

Registration deadline is August 1, 2018. Deadline is for all application material, registration form, and payment. We cannot provide papers through a subscription to PEP (psychoanalytic electronic publishing) unless pay by deadline.

Name _____ Degree _____ License # _____ State _____
 Address _____ City _____ State _____ Zip _____
 Email address _____ Request long distance learning _____ (yes)
 Mail form with check made out to TBIPS (and CV if first time registrant) to
TBIPS, Inc 13919 Carrollwood Village Run, Tampa, FL 33618-2746

CANDIDATES



Zanya Villalobos-Ruiz, PhD is a LMHC intern and a Clinically Certified Forensic Counselor (NAFC) with more than 20 years experience in treating family issues, parenting difficulties, trauma, survivors of sexual abuse, domestic violence, unresolved grief, loss, anxiety and depression, migration and relocation adjustment issues, substance abuse and other issues, specializing in working with children, adolescents, adults and families in her private practice. Her psychoanalytic training began in Panama, but having recently moved to the United States, she has continued her training at the Tampa Bay Institute of Psychoanalytic Studies. She also volunteers at the JMJ Life Center in Orlando, Florida.

Dr. Ruiz is a Fellow member of the International Psychotherapy Institute (IPI), Panama, and has a Ph.D. in Clinical Psychology and Mental Health from Mariano Galvez University in Guatemala, a M.S. in Family Counseling from Universidad Santa Maria La Antigua (USMA) in Panama and B.S. in Psychology from the University of Florida. Her publications include:

- Miller, G; Caceres, D and Villalobos, Z. (1992). Research on Prostitution of Children and Adolescents in the Republic of Panamá, UNICEF and Child Hope Research Assistant.
 Arosemena, D, and Villalobos, Z. (1997). *A Silent Nightmare: Incest Survivors*. University Press. (USMA, the University of Panama . CEFA.
 Arosemena, L and Villalobos-Ruiz, Z. (2000). *Manual of Standard Procedures for the Comprehensive Care of Domestic Violence and Promoting Solidarity*. Health Ministry Panama.

She writes that being at the Tampa Bay Institute for Psychoanalytic Studies has been an enriching experience that has helped her grow at so many different levels. “It has given me an opportunity to learn and deepen my understanding of contemporary theories in psychoanalysis in an atmosphere of respect and curiosity. It has been particularly powerful for me to be encouraged to have a voice from the very beginning, to approach learning from in an experiential form, to be encouraged to contribute the knowledge and experience we have as clinicians, as well as be stretched to new ideas and ways of understanding human nature. The group of trainees is multicultural, open-minded and caring. I feel that I learn from them as much as I do from the teachers. I think I can best describe my training as a joyful experience. Even though we have so much to read and learn, we can remain creative, curious, and excited about learning.”



Tampa Bay Psychoanalytic Society SPEAKER PROGRAM MEETINGS

TBIPS students, candidate, and faculty, and the Tampa Bay professional mental health community are fortunate to have the local Tampa Bay Psychoanalytic Society to bring interesting speakers to the area to share their expertise. Speakers for the upcoming 2018 - 2019 program year are:

- Sep. 15, 2018 Jill Gentile: Desire, Feminism, and Love
- Oct. 13, 2018 Adam Estevez: Live patient presentation
- Nov. 10, 2018 Lauren Levine: Intimacy and Enlivenment in analysis
- Jan. 11, 2019 Paulina Robalina & Lycia Alexander-Guerra: Substance Abuse
- Feb. 9, 2019 Dan Shaw: Narcissism and Subjugation
- Mar 2, 2019. Pratyusha Tummala-Narra
- Apr 2019 John Auerbach

More details about the speakers and their topic will be available in the Winter 2018-19 Newsletter. Or go to <http://www.tbpsychoanalyticsociety.com>

Sandra Buechler spoke on March 17, 2018 at the Tampa Bay Psychoanalytic Society's Speaker Program meeting.

Disclosure:

An interesting paper (1993) of hers talks about the analyst's emotions and whether, and when, to share them with the patient. Some of the benefits which may be gleaned by sharing the analyst's feelings about the patient include:

- they may evoke from the patient additional, illuminating data;
- they may allow the patient to feel he or she has an impact;
- they may de-mystify the interaction;
- they may communicate the analyst's dedication to the analytic process;
- they may be taken as expressing a sense of caring, even if they are negative emotions;
- they may generate new experiences: new emotions, and that emotions can be explored;
- they may convey that the analyst can survive [Winnicott: survival];
- they convey respect, acknowledging the patient's responsibility for her/his impact on the analyst;
- they may relieve the analyst of interference from unexpressed negative feelings;
- they may acquaint the patient with her/his potential for affective interchanges;
- they may acquaint the patient with the joy of *mutual* regulation rather than control imposed by the other;
- they may allow the patient to vicariously experience forbidden affects which the analyst carries for both;
- They may communicate to the patient the therapist's involvement;
- the patient may be better able to explore intolerable feelings with an emotionally responsive person;
- [and may foster authenticity and intersubjectivity, of which emotions are a part]

Film: The Shape of Water



Reportedly inspired by *Creature from the Black Lagoon*, with the wish that this time the monster gets the girl, Guillermo del Toro said *The Shape of Water* (2017) is "a movie in love with love and in love with cinema... [it is] a musical, a thriller, a comedy." Co-written with Vanessa Taylor and directed by del Toro it won Best Picture and Best Director, rivaling *Three Billboards* for these awards. Not so dark as *Pan's Labyrinth*, but a fairytale nonetheless, this, like many fairytales, is a heterosexual love story, set not in Spain following its Civil War but in Baltimore during the Cold War when the USA was in a space race with Russia. The soundtrack (winning Best Original Score), like the amphibious creature, is magical. It transports you, sometimes deliriously, from scene to scene with a smile.

While a twist on Disney's *The Little Mermaid* --- it is the male creature who lives in the water, and the female who is mute --- still, it is the woman who must follow the male creature to his world. In this love story, love is about recognition. Elisa (Sally Hawkins) says, via sign language, about the creature (Doug Jones), "When he looks at me he doesn't know how I am incomplete. He sees me as I am." The director del Toro said, "Stories help us heal." This story is also about the magic of love to heal. del Toro said "When we admit love exists and is the most powerful force in the universe...it's like water and it has no shape until it takes it."

del Toro and Taylor speak to the sexual harassment of women in low paying jobs, and of people without a voice, and they paint their villain as characteristically sadistic. But we know that ordinary men need not be so wholly villainous to want their women silent. The co-writers also give a nod to the homophobia and racism of 1962 but we know that these heinous creatures still exist today. del Toro wants lines that have been drawn in the sand to be erased: "The other has always been us."

For other film reviews and short essays of interest, visit tbips.blogspot.com

Become part of the healing.

To volunteer as a clinician- psychotherapist through Veterans' Family Initiative, please call 813-908-5080.

To make a financial donation to help cover administrative costs, send your check tax-deductible contribution to:

T-BIPS; memo: VFI, and mail to: VFI, c/o TBIPS, 13919 Carrollwood Village Run, Tampa, FL, 33618- 2401

VETERANS' FAMILY INITIATIVE (VFI):



An Outreach Program of TBIPS

The mission of VFI arose from the need to help address with family members of veterans some of the difficulties with re- connecting as a family after separations and long absences, and in dealing with possible disabilities or illness of the veterans.

VFI (Veterans' Family Initiative) is one of the community outreach programs of T-BIPS (Tampa Bay Institute for Psychoanalytic Studies). This pro bono/ low fee program was established to serve family members (spouses and children) of veterans who served in Afghanistan or Iraq by offering low to no cost mental health psychotherapy services. Volunteers are licensed psychologists, mental health counselors, social workers, and psychiatrists like you from the Tampa Bay area who have volunteered their time to talk with veterans' spouses, children, couples, or family.

Volunteers provide psychotherapeutic services to family members who are interested in talking to a mental health professional and who are not already in therapy. The mental health clinician meets with a spouse, child, adolescent, couple, or family, on a weekly basis for little or no fee. All particulars are negotiated by you and the patient.

Volunteers do not work for or act on behalf of TBIPS, and TBIPS is not responsible for overseeing your work or its outcome. TBIPS' limited role is to connect potential patients with volunteers, and to coordinate and support the independent clinicians (by arranging peer consultation groups) who have so generously offered their services for the benefit of veterans' families.

As it will be helpful in the development of this program to learn what services families find most useful, VFI asks the volunteer therapist to report to VFI demographics (such as a child's age or that a spouse was seen). No names or other confidential information will be reported.

Treatment is strictly confidential, except as required by law to report elder or child abuse, domestic violence or any imminent danger to patients or others.

Mobius Strip Logo



Ehrenberg wrote that the analytic dialogue, including intersubjective experience, where transference is not separate from countertransference, requires “something like turning our experience ‘inside out’—opening ... the ‘internal boundary’ of the relationship and explicating our experience from inside. “

TBIPS chose as its logo the mobius strip (a common symbol for the interconnectedness of things and for infinity) because its inside and outside are inextricably connected. Just as the inside and outside worlds of human experience are contextualized in one another, the past always contextualized in the present, the present in the past, and foreground experience always embedded in background relationship and meaning, so, too, the analytic dialogue has no ‘inside’ and no ‘outside.’

TRAINING Psychoanalytic courses and certificate programs offered.

DISCUSSION Discussion group participants meet biweekly in person or by conference call or Skype to discuss the latest literature in the field of psychoanalysis:

Relational Psychoanalysis Study Group:

Relational literature, relational intersubjectivity, Object Relations, Attachment theory, Infant research, and many others discussed on the second and fourth Fridays of the month, September through June.

Self Psychological and Self-Intersubjective Psychoanalysis Study Group:

Colleagues discuss the latest articles in Self psychology and self (Systems theory) Intersubjectivity on the first and third Fridays of every month, September through June.

SERVICE

Veterans Family Initiative (VFI): Inspired by the American Psychoanalytic Association’s SOFAR program, VFI offers pro bono or very low fee treatment to families of veterans of the Afghani and Iraqi conflicts. We have over a dozen dedicated and generous mental health clinicians around Tampa Bay from amongst our ranks who volunteer. You may volunteer, too.

THE ARTS bringing a psychoanalytic perspective to the arts and to issues of human experience.

Film Series: TBIPS proudly co-sponsored community outreach Film Series:

2008-09: *Women in Crisis*;

2009-10: *Fear of Difference: Diversity of the Holocaust Experience and*

2010-2011: *Developing Passions: On Sex, Relationships and Happiness*

2013-14: *Children and Trauma*

2014-15: *“The Return of the Repressed” Horror films*

2015-16: *“On Aging”*

Theater: Group outings to performances of interest, followed by dinner and discussion.

