



Tampa Bay Institute for Psychoanalytic Studies, Inc

3404 62nd Street East, Bradenton, FL

813-908-5080

TBIPS Newsletter Vol. XV, Issue I. Winter 2022-23



Volume XV, Issue I,
Winter 2022-23

Greetings from the President

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Dear Reader:

Wishing everyone Happy Holidays and a Happy New Year!

Lycia Alexander-Guerra, MD
President, TBIPS
941-741-8949 and 813-908-5080

TBIPS Newsletter Volume XII, Issue I

Training in Psychoanalysis and Psychotherapy

TBIPS embraces pluralism and emphasizes a comprehensive contemporary view of psychoanalysis and features a multi-cultural and theoretically diverse faculty, including, but not limited to, expertise in Intersubjectivity, Relational, and Self Psychology.

The TBIPS training program represents the most current, up-to-date theories in psychoanalytic thought. TBIPS embraces *pluralism* and emphasizes a *comprehensive* contemporary view of psychoanalysis within the context of a mutually shared and respectfully open paradigm between faculty and candidates. We offer a multi-cultural and theoretically diverse faculty, including, but not limited to, expertise in Intersub-

jectivity, Relational, and Self Psychology, whose teaching style is student focused with the goal of offering the opportunity for dialogue between varying schools of thought and to engage and encourage candidates to think *critically* about psychoanalytic concepts.

Inquiries Welcome. To Apply:

Contact Lycia Alexander-Guerra at 13919 Carrollwood Village Run, Tampa, 33618 or 813-908-5080; or go to Tampapsychoanalytic.org "Home"

Seminars may be taken individually or as part of certificate programs in psychoanalytic psychotherapy or psychoanalysis

We are always seeking additional faculty to volunteer to teach and/or design TBIPS courses. Contact Dr. Alexander-Guerra at tbinstitutepsastudies@gmail.com to join us in this exciting endeavor.

TBIPS CURRICULUM

TBIPS recognizes that, because many people come to us suffering from the Trauma of childhood abuse and/or other horrific events or from the relational trauma of chronic misattunement and misrecognition, our curriculum must weave into it a deep understanding of child development, attachment, and the effects of trauma. Semesters currently run 16 weeks long. Courses are open to individual students as well as to candidates seeking full psychoanalytic training. TBIPS invites candidates to frequently update the syllabi.

Semester I	FIRST YEAR	Semester II
Intro to Psychoanalytic Concepts I Practical Analytic Subjectivity I Continuing Clinical Case		Intro to Psychoanalytic Concepts II Development Continuing Clinical Case
SECOND YEAR		
Relational Concepts I Developmental Issues: Narcissism and Shame Continuing Clinical Case		Relational Concepts II Developmental Issues: Attachment Continuing Clinical Case
THIRD YEAR		
Repetitive Painful States Group or Couples Therapy Continuing Clinical Case		Trauma (8 weeks) and Gender (8 weeks) Practical Analytic Subjectivity II Continuing Clinical Case
FOURTH YEAR		
Psychosoma Hate, Envy, and Destruction in the Clinical Encounter Continuing Clinical Case		Focus on Psychoanalytic Contributors and Topics* Electives (candidates design) Continuing Clinical Case

* courses which focus on specific theorists (Winnicott, Ferenczi), and topics (Spirituality, Racism,).



3404 62nd St East, Bradenton, FL 34208
813-908-5080

Website: TampaPsychoanalytic.net

Registration Spring Semester 2023

All Courses meet for 16 Wednesdays:

Jan 25; Feb 1, 8, 15, 22; Mar 1, 8, 15, 22, 29; Apr 5, 12, 19, 26; May 3, 10, 2023

Registration deadline is Jan 14, 2023 and includes a subscription to PEP (psychoanalytic electronic publishing).

Fee: \$300 for a single course; \$250 per course if enrolled in 3 or more courses.

Relational Concepts II Wednesdays 8:00am-9:15am This course continues to elucidate some of the differences between classical and postclassical psychoanalytic thinking. We will compare assumptions about the mind, compare ideas about clinical process, and consider how relationship is built, maintained, and repaired. With an emphasis on the analyst's self reflection we will explore how we locate ourselves in the therapeutic process.

Clinical Case Conference Wednesdays 9:30am-10:45pm This course is designed to support the clinician's work and offers opportunities to integrate clinical material with psychoanalytic concepts, including ethics, and ways to deepen the psychoanalytic process, with a focus on the therapist's self reflection, the clinical relationship, and ways to facilitate what is mutative for the patient. Attendees are encouraged to present case material.

Developmental Issues: Attachment and Affect Wednesdays 11:00am-12:15pm

This course will examine the ways in which development informs our clinical work with adult patients. Life events and developmental transformations throughout the lifespan will be explored in terms of their relevance for adult treatment, with an emphasis on attachment styles' effects on the clinical situation.

All courses are virtual by zoom.

TBIPS SPRING 2023 REGISTRATION FORM

_____ **Relational Concepts II** (16 weeks) **Wednesdays 8:00am-9:15am** Jan 25 – May 10, 2023
Fee: \$300 for a single course; \$250 if enrolled in 2 or more courses.

_____ **Clinical Case Conference** (16 weeks) **Wednesdays 9:30am-10:45am** Jan 25 – May 10, 2023
Fee: \$300 for a single course; \$250 if enrolled in 2 or more courses.

_____ **Dev.: Attachment** (16 weeks) **Wednesdays 11:00-am-12:15pm** Jan 25 – May 10, 2019
Fee: \$300 for a single course; \$250 if enrolled in 2 or more courses.

_____ **PEP** subscription \$50 (first time students only)

_____ Late fee \$50 if received after (Jan 4) deadline

_____ **Total Payment Enclosed** including PEP subscription for first time students
(one course: \$300; two courses: \$500; three courses: \$750).
(refund policy: 85% 7 days before classes begin)

Must Include this page with Payment.

Registration deadline is January 4, 2023. Deadline is jan 14, 2023 for all application material, registration form, and payment. New students: we cannot provide papers through a subscription to PEP (psychoanalytic electronic publishing) unless paid by deadline.

Name _____ Degree _____ License # _____ State _____
Address _____ City _____ State _____ Zip _____
Email address _____ Request long distance learning _____(yes)

Email form (and CV if first time registrant) to tbinstitutepsastudies@gmail.com with payment by bank transfer or by Paypal, or mail by post with check to **TBIPS, Inc 3404 62nd St East, Bradenton, FL 34208.**

CANDIDATE CORNER



Tania Tsiakou is a Relational Psychoanalytic Psychotherapist. She graduated from the Institute of Relational and Group Psychotherapy (Greece based), of which she is also a Probationary Regular member since 2019. She is currently attending the 3-year Postgraduate Training Program in Group Psychotherapy (Irvin Yalom's approach) at the Institute of Relational and Group Psychotherapy. Since January 2022 she attends the 4-year Post-graduate Program in Psychoanalysis at the Tampa Bay Institute for Psychoanalytic Studies. She is a licensed Psychologist and also holds a Postgraduate Diploma (MSc) in Social and Clinical Psychology from Aristotle University of Thessaloniki (grant-aided by State Scholarship Foundation of Greece). Since 2017, she has been working in a Greek Humanitarian not-for-profit association, in Institutional Fundraising (project design) and also in coordination and implementation of psychosocial intervention programs for vulnerable groups, all concurrently with her psychotherapeutic clinical practice. In the past she has been working in organizations providing support and psychotherapeutic intervention services to adults. She is member of the International Association for Relational Psychoanalysis and Psychotherapy (IARPP) as well as member of the American Group Psychotherapy Association (AGPA). Since September 2022 she works as a psychoanalytic psychotherapist at the Institute for Relational and Group Psychotherapy Ltd.

She writes, "I have the pleasure and honor to be in the 2nd semester of the training program in Modern Psychoanalysis, conducted by Tampa Bay Institute for Psychoanalytic Studies. My experience so far has been not only greatly enlightening but also extremely enjoyable. The program covers the most recent developments in modern psychoanalysis both at the level of theory and clinical practice, through highly targeted articles suggested for study and elaboration. The articles, as well as the syllabus topics are renewed every semester, favoring diversity and expanding the range of the subject areas covered. The emphasis of all the courses is above all on improving the daily clinical practice with patients, through continuous bridging of the readings with the experience of the participants- especially their impasses and questions that are usually hard to express. The climate within the small working groups is very friendly and favors opening up to difficult topics, without fear of shame or disdain, which is completely consistent with the spirit of modern psychoanalysis taught. Intercultural learning, global and multi-dimensional thinking and knowledge are constantly promoted, inviting a "dialogue" with other disciplines where applicable. Of great importance for me has been the linkage of the lessons to the wider social environment, with the challenges it constantly poses to all of us, who wish to stay informed and ethically-oriented clinicians. I especially want to thank each of the instructors personally, since they generously give their own "imprint" so that both I and my colleagues can work more fruitfully as therapists and evolve personally and professionally. Above all, I would say that the instructors' honest and authentic relating with us, the participants, is the distinctive feature of the program that makes the whole difference, putting into practice the fundamental values and following the essence of modern psychoanalysis. Personally, I would like to especially thank Lycia Alexander-Guerra, president of the Tampa Bay Institute for Psychoanalytic Studies and Stavros Charalambides, Director of Institute for Relational and Group Psychotherapy for giving me the opportunity to attend the program and offering their personal and professional care and concern throughout the process. I deeply appreciate your valuable contribution."



Tampa Bay Psychoanalytic Society (TBPS)

SPEAKER PROGRAM MEETINGS

TBIPS students, candidate, and faculty, and the Tampa Bay professional mental health community are fortunate to have the local Tampa Bay Psychoanalytic Society to bring interesting speakers to the area to share their expertise. Now that TBPS has gone virtual it is able to offer its many excellent presentations to a wider audience,

(TBPS) 2022-2023 Speaker Program Schedule

September 24, 2022	Judith Siegel: Reimagining the representational world
October 29, 2022	Donnell Stern: Emerging from embeddedness
November 19, 2022	Karen Maroda: Self-disclosure
January 14, 2023	Peter Buirsky: Practicing Intersubjectivity 1:00pm
February 2023	Martha Stark: The Art and Science of Interpretation
March 4, 2023	Frank Summers: Enactment, Transcendence and Creativity
April 15, 2023	David Shaddock: Poetry and Psychoanalysis

One outcome of the 2020 (and beyond) Covid-19 pandemic, TBPS discovered that people from around the country and the world could now attend its programs (for a very nominal fee) and from the comfort and convenience of home. This year most programs are from 9:30am-12:30pm EST with a couple from 12:30-4:30pm EST to accommodate west coast presenters. Those licensed in Florida can receive CEUs/CMEs (free to its members, a fee for non-members). For details and more information go to <https://tbps.wildapricot.org>.

BOOK NOOK

Thomas Ogden's Subjects* of Analysis (1994, Aronson) addresses the creation of the subject and its subjectivities. The subject, Ogden tells us, is constituted by dialectics - temporal and nonlinear, presence and absence, conscious and unconscious, and so on. Recall that the Hegelian dialectic (thesis, antithesis, synthesis) of opposing elements is in continual flux, a dynamic which continuously creates and negates, each new synthesis met by new opposition, or, as Ogden writes, "Each potential integration creates a new form of opposition." The subject then, because each pole continuously creates and negates the other, is continually decentered; the subject results from "an ongoing process in which the subject is simultaneously constituted and decentered from itself..."

Ogden compellingly and generously traces the creation of the decentered subject through Freudian, Kleinian and Winnicottian theory. The Freudian subject, through the dialectic of consciousness and unconsciousness, is decentered from its

own consciousness, “undermining the illusion of the identity of consciousness and mind... [where] Neither consciousness nor unconsciousness in themselves represents the subject of psychoanalysis.” [Furthermore,] “Each constitutes a presence affirmed by its absence in the other... Presence is continually negated by that which it is not, while all the time alluding to what is lacking in itself. That which is absent is always present in the lack that it presents.” [How’s that for paradox and a new take on Freud’s ‘No’ does not exist in the unconscious.]

The Kleinian subject is decentered by the dialectic or interplay between the paranoid-schizoid and depressive positions, as well as by projective identification, the latter, claims Ogden, implicitly contains “the notion of the dialectic of intersubjectivity.” [Ogden introduced in The Primitive Edge of Experience (1989) a third position, the autistic-contiguous, based, in part, on Ester Bick’s ideas about the necessity for infants of boundedness.] There exists a dialectic between the depressive position, organizing experience with an I-ness, and the paranoid-schizoid, more of a lived sensory experience. Their continually negating and preserving interplay is both diachronic (temporally sequential/linear) and synchronous/ simultaneous, further decentering the subject from its belief in ‘progression’ through life.

Projective identification is viewed as a dialectic between integration and de-integration and it is a psychological interpersonal process. Ogden elaborates on Bion’s work and notes “the creation of subjectivity through the dialectic interpenetration of subjectivities” - those of mother and infant as well as of analyst and analysand.

Winnicott is about the paradox, the [oxymoronic] creative destruction of the [surviving] mother so that she can be experienced as a subject who then can mirror and recognize, helping to create, the infant as a subject in its own right. We are familiar with Winnicott’s transitional object and its paradoxical dialectic as both found (in the external world) and created by the infant (an extension of its internal world) where the dialectic of external/internal, reality/fantasy, not-me and me come into play. In the transitional space the mother is experienced as both an Other and an extension of the infant and eventually this particular type of intersubjectivity allows the infant to become a subject.

*Noting the plural, Ogden does not only refer to the two subjects in the room - analysand and analyst - but he refers also to the multiplicity of subjectivities in both, in particular, those newly created in the context of the analysis in the potential space (Winnicott) or third that analyst and analysand, moment by moment, generate together.

Become part of the healing.

To volunteer as a clinician- psychotherapist through Veterans' Family Initiative, please call 813-908-5080.

To make a financial donation to help cover administrative costs, send your check tax-deductible contribution to:

T-BIPS; memo: VFI, and mail to: VFI, c/o TBIPS, 13919 Carrollwood Village Run, Tampa, FL, 33618- 2401

VETERANS' FAMILY INITIATIVE (VFI):



An Outreach Program of TBIPS

The mission of VFI arose from the need to help address with family members of veterans some of the difficulties with re-connecting as a family after separations and long absences, and in dealing with possible disabilities or illness of the veterans.

VFI (Veterans' Family Initiative) is one of the community outreach programs of T-BIPS (Tampa Bay Institute for Psychoanalytic Studies). This pro bono/ low fee program was established to serve family members (spouses and children) of veterans who served in Afghanistan or Iraq by offering low to no cost mental health psychotherapy services. Volunteers are licensed psychologists, mental health counselors, social workers, and psychiatrists like you from the Tampa Bay area who have volunteered their time to talk with veterans' spouses, children, couples, or family.

Volunteers provide psychotherapeutic services to family members who are interested in talking to a mental health professional and who are not already in therapy. The mental health clinician meets with a spouse, child, adolescent, couple, or family, on a weekly basis for little or no fee. All particulars are negotiated by you and the patient.

Volunteers do not work for or act on behalf of TBIPS, and TBIPS is not responsible for overseeing your work or its outcome. TBIPS' limited role is to connect potential patients with volunteers, and to coordinate and support the independent clinicians (by arranging peer consultation groups) who have so generously offered their services for the benefit of veterans' families.

As it will be helpful in the development of this program to learn what services families find most useful, VFI asks the volunteer therapist to report to VFI demographics (such as a child's age or that a spouse was seen). No names or other confidential information will be reported.

Treatment is strictly confidential, except as required by law to report elder or child abuse, domestic violence or any imminent danger to patients or others.

Mobius Strip Logo



Ehrenberg wrote that the analytic dialogue, including intersubjective experience, where transference is not separate from countertransference, requires “something like turning our experience ‘inside out’—opening ... the ‘internal boundary’ of the relationship and explicating our experience from inside. “

TBIPS chose as its logo the mobius strip (a common symbol for the interconnectedness of things and for infinity) because its inside and outside are inextricably connected. Just as the inside and outside worlds of human experience are contextualized in one another, the past always contextualized in the present, the present in the past, and foreground experience always embedded in background relationship and meaning, so, too, the analytic dialogue has no ‘inside’ and no ‘outside.’

TBIPS offers:

TRAINING Psychoanalytic courses and certificate programs offered.

DISCUSSION GROUPS for the latest literature in the field of psychoanalysis:

Relational Psychoanalysis Study Group: Relational literature, relational intersubjectivity, Object Relations, Attachment theory, Infant research, and many others discussed on the second and fourth Fridays of the month, September through June. **Self Psychological and Self-Intersubjective Psychoanalysis Study Group:** Colleagues discuss the latest articles in Self psychology and self (Systems theory) Inter- subjectivity on the first and third Fridays of every month, September through June.

SERVICE

Veterans Family Initiative (VFI): Inspired by the American Psychoanalytic Association’s SOFAR program, VFI offers pro bono or very low fee treatment to families of veterans of the Afghani and Iraqi conflicts. We have over a dozen dedicated and generous mental health clinicians around Tampa Bay from amongst our ranks who volunteer. You may volunteer, too.

THE ARTS bringing a psychoanalytic perspective to the arts and to issues of human experience.

Film Series: TBIPS proudly co-sponsored community outreach Film Series: 2008-09: *Women in Crisis*; 2009-10: *Fear of Difference: Diversity of the Holocaust Experience and 2010-2011: Developing Passions: On Sex, Relationships and Happiness* 2013-14: *Children and Trauma* 2014-15: *“The Return of the Repressed” Horror films* 2015-16: *“On Aging”*

Theater: Group outings to performances of interest, followed by dinner and discussion.

